



**DANCE TEAM  
CENTRAL**

HIGH SCHOOL  
DANCE CAMP  
Aug 4th & 5th, 2025

DAY 1	
TIME	SCHEDULE
8:15am-9:00am	Arrive & Check-in
9:00am-9:10am	Camp Kick Off
9:10am-9:30am	Warm-Up/Stretches
9:30am-10:30am	DTC Remix Routine
10:35am-10:40am	Routine A Demos
10:45am-12:15pm	Routine A
12:15pm-1:00pm	Break
1:00pm-1:10pm	Warmup
1:15pm-1:55pm	Sideline Classes
2:00pm-2:05pm	Routine B Demos
2:10pm-3:40pm	Routine B
3:45-4:00pm	Break
4:00pm-4:30pm	Review Routine A
4:30pm-5:00pm	Review Routine B
5:00 PM	Huddle & Dismiss

DAY 2	
TIME	SCHEDULE
8:45-9:00am	Arrive
9:00am-9:20am	Warm-Up/Stretches
9:20am-10:00am	DTC Remix Routine (review & set on floor)
10:05am-10:15am	Routine C Demos
10:15am-12:00pm	Routine C
12:00pm-12:45pm	Break
12:45pm-12:55pm	Warmup
1:00pm-1:30pm	Sidelines (review & set on floor)
1:35pm-2:05pm	Review Routine A
2:10pm-2:40pm	Review Routine B
2:45pm-3:30pm	Review Routine C
3:30pm-4:00pm	Break/Get Ready
4:00 PM	SHOWCASE BEGINS

ROUTINE A	ROUTINE B	ROUTINE C	SIDELINES
Monique - Beg Jazz Funk (Get Busy)	Monique - Int/Adv Hip Hop (Kendrick Remix)	Monique - Int/Adv Pom (Hot Stuff)	Monique - Nokia
Jordan - Int/Adv Pom (APT)	Jordan - Beg Hip Hop (Where Them Girls At)	Jordan - Int/Adv Hip Hop (Ayy Ladies)	Kayla - Enter Sandman
Alexis - Int/Adv Jazz (Sports Car)	Alexis - Beg Pom (Gwen Remix)	Alexis - Beg Jazz Funk (When I Grow Up)	Alexis - Let it Whip
Kayla- Beg Hip Hop (Roc Steady)	Ariana - Int/Adv Jazz Funk (Mantra)	Ariana - Int/Adv Jazz (Abracadabra)	Ariana - Hot
	Kayla - Int/Adv Pom (Ciara Remix)		Jordan - Another One Bites the Dust